

YOUR MAGIC
ISN'T MEANT TO BE
LIKE ANYONE ELSE'S



Fun Facts!

Did you Know?



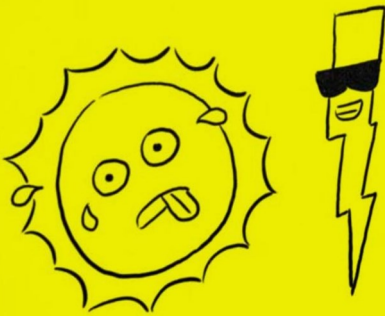
Octopus has a tiny brain in each of its eight arms in addition to the central brain.

check out more amazing facts at www.shiningbrains.com

A chameleon's tongue is twice as long as its body.



A bolt of lightning is about six times hotter than the sun.



SNAILS TAKE THE LONGEST NAPS!

They can sleep for up to 3 years!

DID YOU KNOW?



HORSES SLEEP ONLY 2 HOURS A DAY ON AVERAGE.

Year 1...



Year 1 had a fantastic outdoor learning day. This was all based around nature. They enjoyed leaf rubbing, making patterns and animal shapes out of different leaves, threading leaves and a nature scavenger hunt. Wow! What creativity they have shown.



Look at us...



Marie in year 6 is a majorette and has recently completed in several events where she gained a sixth place, 2 fifth place medals, and a first place trophy with sash. This means she is the National Champion of her section. Amazing effort Marie! We are so proud of you!



As part of their weekly RE lessons, Year 5 have been learning about Sikhism and were lucky enough to have a visit from Mrs Kaur (India's mum) who is a practising Sikh, in our community.

Children prepared questions to deepen their understanding of the faith and listened to India and her Mum talk to them about Sikh worship, the Golden Temple in India, and learn about some Sikh artefacts.

Year 4 Roman Day

Year 4 had a fantastic time celebrating their learning about the Romans. Everyone created the battle, learnt about the soldiers loyalty, created Roman coins out of clay and, created shields for their drama.



New Ways November

New Ways November 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Make a list of new things you want to do this month	2 Respond to a difficult situation in a different way	3 Get outside and observe the changes in nature around you	4 Sign up to join a new course, activity or online community	5 Change your normal routine today and notice how you feel	6 Try out a new way of being physically active	7 Be creative. Cook, draw, write, paint, make or inspire
8 Plan a new activity or idea you want to try out this week	9 When you feel you can't do something, add the word "yet"	10 Be curious. Learn about a new topic or an inspiring idea	11 Choose a different route and see what you notice on the way	12 Find out something new about someone you care about	13 Do something playful outdoors - walk, run, explore, relax	14 Find a new way to help or support a cause you care about
15 Build on new ideas by thinking "Yes, and what if..."	16 Look at life through someone else's eyes and see their perspective	17 Try a new way to practice self-care and be kind to yourself	18 Connect with someone from a different generation	19 Broaden your perspective: read a different paper, magazine or site	20 Make a meal using a recipe or ingredient you've not tried before	21 Learn a new skill from a friend or share one of yours with them
22 Find a new way to tell someone you appreciate them	23 Set aside a regular time to pursue an activity you love	24 Share with a friend something helpful you learned recently	25 Use one of your strengths in a new or creative way	26 Try out a different radio station or new TV show	27 Join a friend doing their hobby and find out why they love it	28 Discover your artistic side. Design a friendly greeting card
29 Enjoy new music today. Play, sing, dance or listen	30 Look for new reasons to be hopeful, even in tough times					

ACTION FOR HAPPINESS

Happier · Kinder · Together

Things to do with a family member or friend...

Could you make a smoothie together?

Ingredients:

- 1 banana
- 1 tbsp porridge oats
- 80g soft fruit (whatever you have – strawberries, blueberries, and mango all work well)

Method:

Put all the ingredients in a blender and whizz for 1 min until smooth.

Pour the banana oat smoothie into two glasses to serve.



DIY Jellyfish

Paper plates and yarn transform into these denizens of the deep. If you use glow-in-the-dark acrylic paint, you can even see their "bioluminescence" in action when you turn out the lights.





Collect and paint rocks

Go to a nearby park and collect rocks, then make a craft day out of it. Paint them with whatever paint you have at home and maybe even turn them into rock magnets for the fridge.



16. Do 10 minutes of cardio



18. Learn about a year in history



14. Make something new from something old



12. Grow something



5. Make an origami bird



20. Teach a skill



2. Draw a self-portrait



19. Do a puzzle



1. Bake a cake / microwave mug cake



13. Write to a friend



15. Make a TikTok



17. Listen to a new podcast



10. Give yourself a compliment



7. Make a wildlife pond from a container



3. Sit in the sun



11. Let a bad feeling go



6. Listen to music



14. Follow a Yoga With Adrienne video



4. Write a letter to yourself in a year's time



9. Buy or paint yourself some flowers



8. Do a face mask





What my body does for me:

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

What I love about my body:

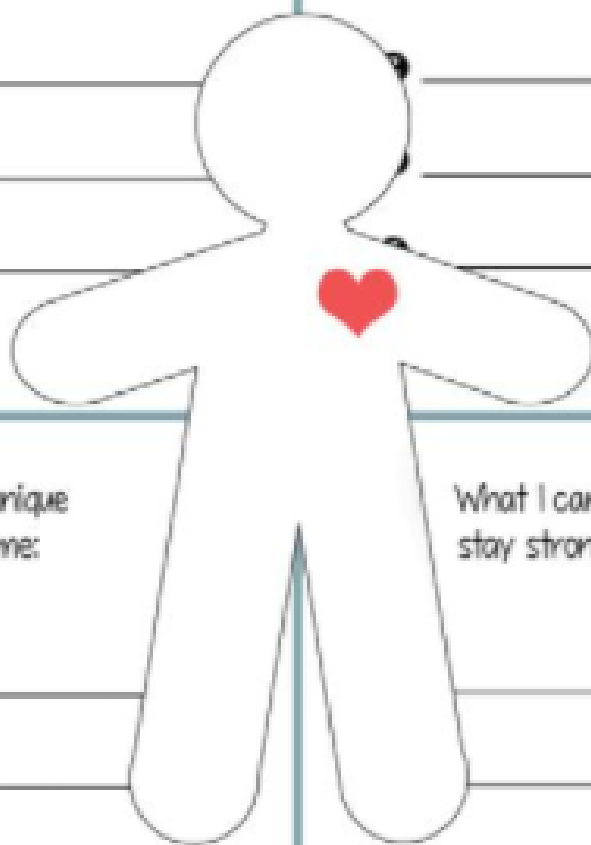
- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

What's unique
about me:

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

What I can do to help it
stay strong and healthy:

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____



Year 3



Year 3 have had an incredible experience, participating in their Stone Age day. They learnt even more in a creative way. Watch out for any roaming woolly mammoths.



Mistakes
are PROOF that you
are TRYING

Doodle Art Alley ©



Have a look at these apps for children...

[Stop, Breathe & Think](#)

A free tool to guide people of all ages through meditations for mindfulness and compassion. Year 3 also love the idea that we have our own force field!

[Smiling Mind](#)

Smiling Mind is a free mindfulness meditation app for young people to help combat stress, improve focus and increase resilience.

[Quick Math Jr.](#)

This app transforms numbers into something more creative and interactive. Quick Math Jr. is an app for kids with 12 different math games that feature fundamental math skills and concepts.

[Headspace for kids](#)

This is a great app to introduce children to meditation. Just like us they want children to be healthy and happy, not just now but for the rest of their lives.

[Khan Academy Kids](#)

Khan Academy is a free collection of education courses for all ages, but it has an app specifically for two to seven-year-old children that focuses on maths, reading and social and emotional skills.

[Google Arts & Culture](#)

Field trips and museum visits may be out of bounds for a while, but Google's Arts & Culture app at least has virtual tours of more than 1,200 museums and galleries.



Year 4

In year 4, they had a fantastic outdoor learning day, learning about COP 26 whilst improving their team work skills. All children created a pledge for world leaders and themselves to improve our climate change. This will be sent off, adding to a bigger UK picture. They are making a change for all generations. They are inspirational!



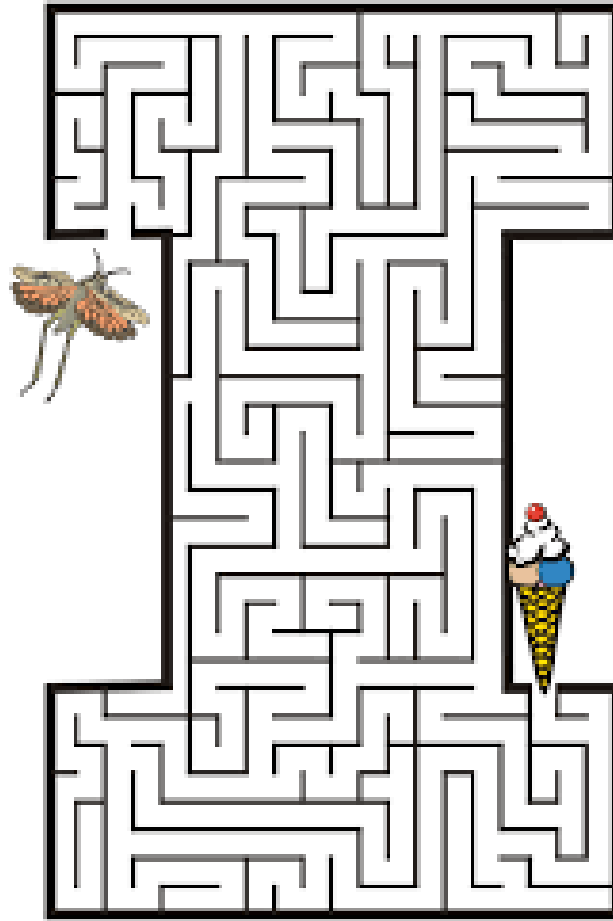
Morocco class have been practising their times tables using a water balloon game. The resilience and ambition was shining bright.



Reception

In reception last week, they were learning about Diwali. They made divas, counted out loose parts to match numerals on divas and created firework pictures whilst adding words to describe the sounds they made. They are unstoppable!





The next issue will be out on Friday 10th December