

JOLLY NEWS

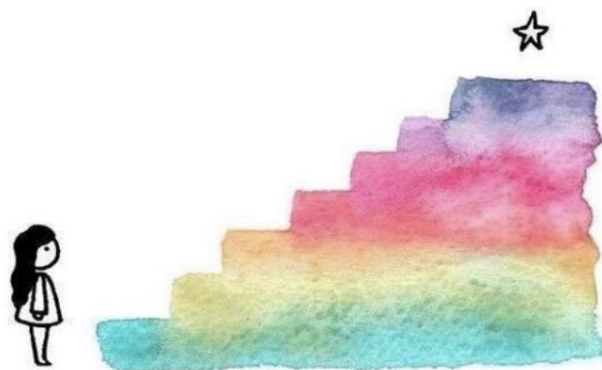
AT ABBOTS GREEN ACADEMY



Explore our Jolly News at Abbots Green Academy. **Please take the time to indulge in the news, quotes and pluck out any activities you would like to complete.** We would love to hear all about the things that have made you smile.



take a small step every day



Keep Smiling you

©EMILYCOVHEAD

you should be very proud of yourself
@ALOHAEIANA

celebrate your wins!



dreams REALLY DO COME TRUE!



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Did you know?

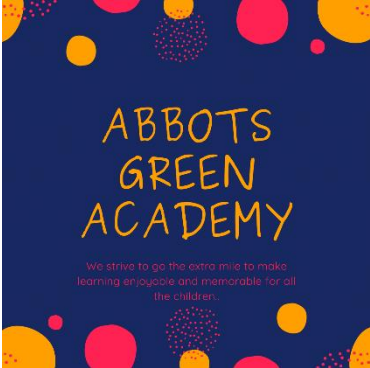
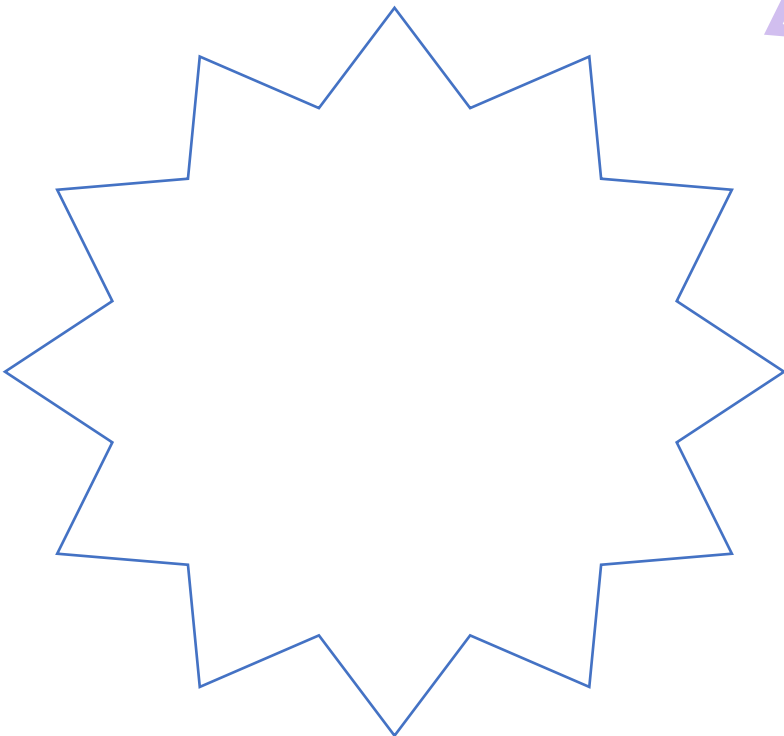
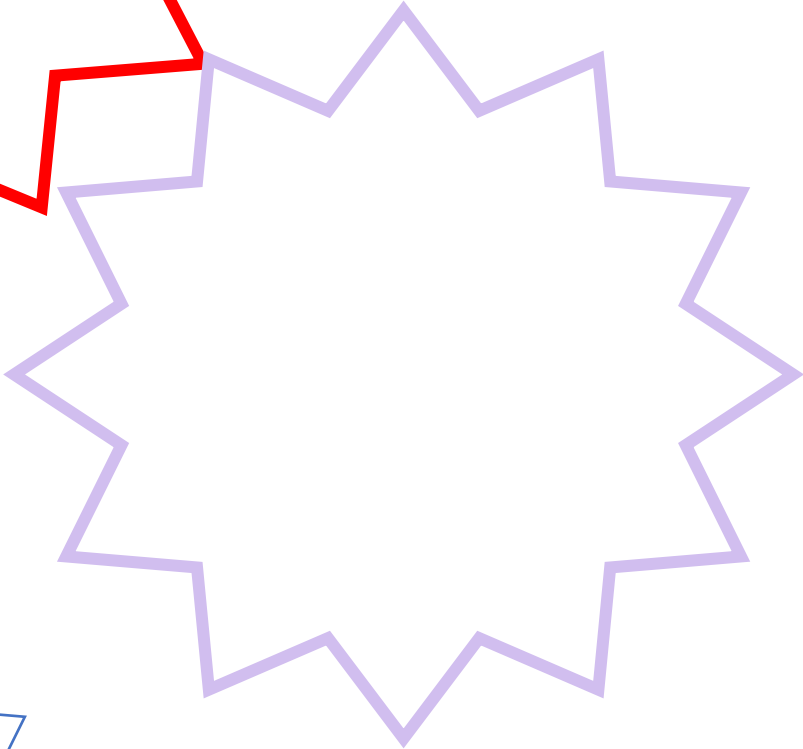
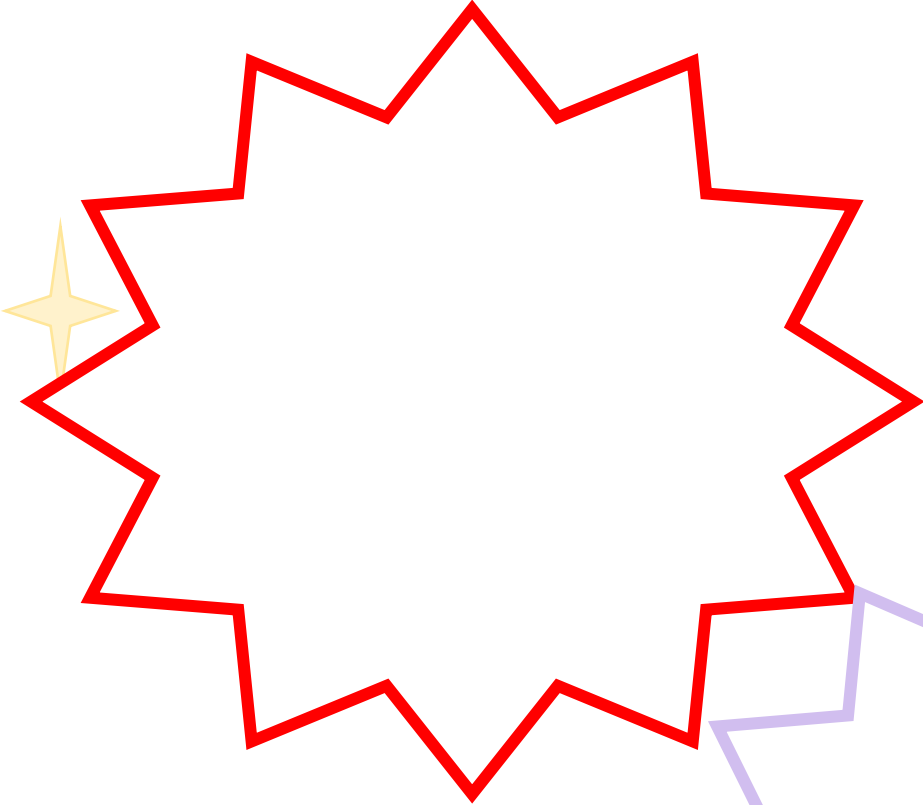
Fish can COUGH
and 50 other facts you won't believe



THE LIONS feet do not touch the ground when it walks. They TIPTOE all the time.



Write down three things that you are looking forward to doing this year. This could be learning a new subject, seeing your classmates again or even improving a skill!





ACTION CALENDAR: FRIENDLY FEBRUARY 2021



MONDAY

1 Send someone a message to say how much they mean to you

8 Share what you're feeling with someone you really trust

15 Smile at the people you see and brighten their day

22 Give sincere compliments to people you talk to today

TUESDAY

2 Ask a friend how they have been feeling recently

9 Thank someone and tell them how they made a difference for you

16 Check in on someone who may be struggling and offer to help

23 Be gentle with someone who you feel inclined to criticise

WEDNESDAY

3 Do an act of kindness to make life easier for someone else

10 Look for the good in people, even when they frustrate you

17 Respond kindly to everyone you talk to today, including yourself

24 Tell a loved one about their strengths that you value most

THURSDAY

4 Organise a virtual 'tea break' with colleagues or friends

11 Send an encouraging note to someone who needs a boost

18 Appreciate the good qualities of someone in your life

25 Thank three people you feel grateful to and tell them why

FRIDAY

5 Show an active interest by asking questions when talking to others

12 Focus on being kind rather than being right

19 Share a video or message you find inspiring or helpful

26 Give positive comments to as many people as possible today

SATURDAY

6 Get back in touch with an old friend you've not seen for a while

13 Send a friendly message of support to a local business

20 Make a plan to connect with others and do something fun

27 Call a friend to catch up and really listen to them

SUNDAY

7 Make an effort to have a friendly chat with a neighbour

14 Tell your loved ones why they are special to you

21 Actively listen to what people say, without judging them

28 Make uninterrupted time for your loved ones



"The best way to cheer yourself up is to cheer somebody else up" - Mark Twain



"The only way to have a friend is to be one" - Ralph Waldo Emerson

<https://www.actionforhappiness.org/happier-january>



Have a go at creating your own kindness calendar.

The power of kindness calendar

Use your calendar to record your daily kindness acts.

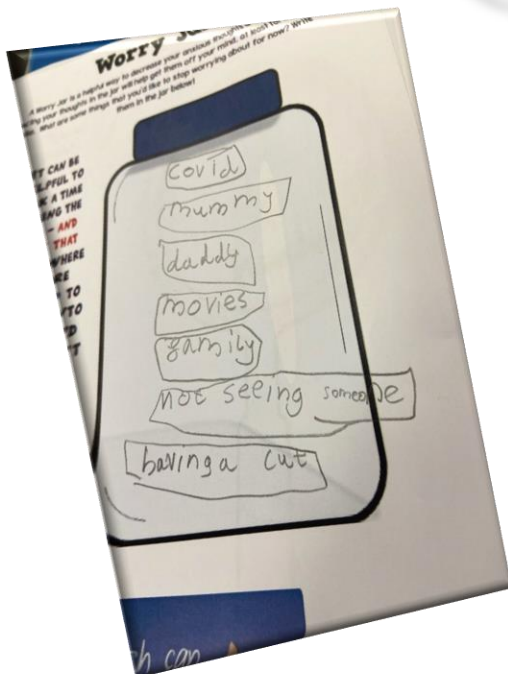
month	year					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●



Worry Jar

A Worry Jar is a helpful way to decrease your anxious thoughts and worries. Placing your thoughts in the jar will help get them off your mind, at least for a little while. What are some things that you'd like to stop worrying about for now? Write them in the jar below!

**IT CAN BE
HELPFUL TO
PICK A TIME
DURING THE
DAY - AND
ONLY THAT
TIME - WHERE
YOU ARE
ALLOWED TO
GO BACK INTO
THE JAR AND
WORRY ABOUT
THESE
THOUGHTS.**

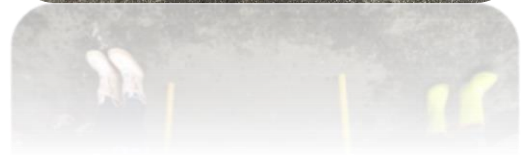


Year 3 have been creating their own worry jars. Why not create your own? You can use the template above.



How amazing! In reception, children were using story stones to create their own stories. Check out their story tent. Can you build your own story tent?

Look at some of the Oak Room children who made their own small world trays all by themselves. They added water for water animals, and grass and leaves for land animals.



In Evergreen class the children have enjoyed a nature treasure hunt.



They had lots of happy catch ups on the Evergreen hotline and the outside kitchen was a huge success. This is such JOLLY NEWS!



Year 6 have impressed us all with their fantastic artwork. What a burst of creativity!



By Ava

By Max

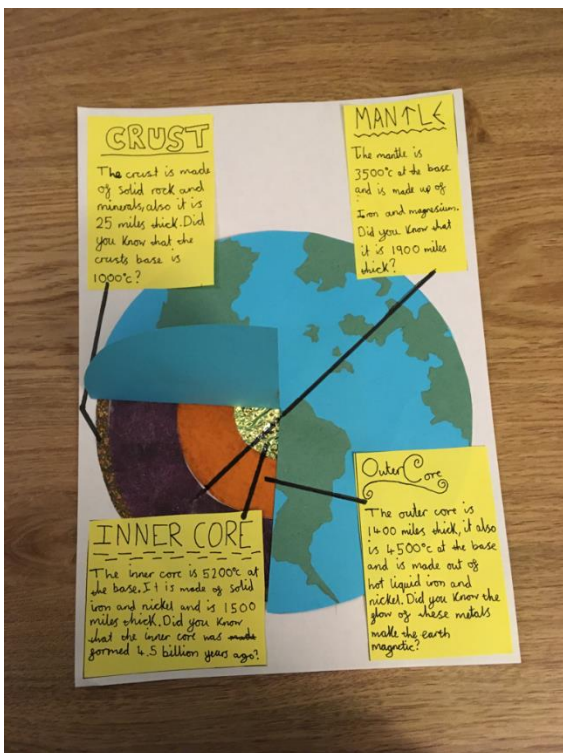


By Evie



By Isabelle

There is nothing stopping them as they demonstrate their geography skills imaginatively.



By Max

Wow! That cake looks scrumptious...

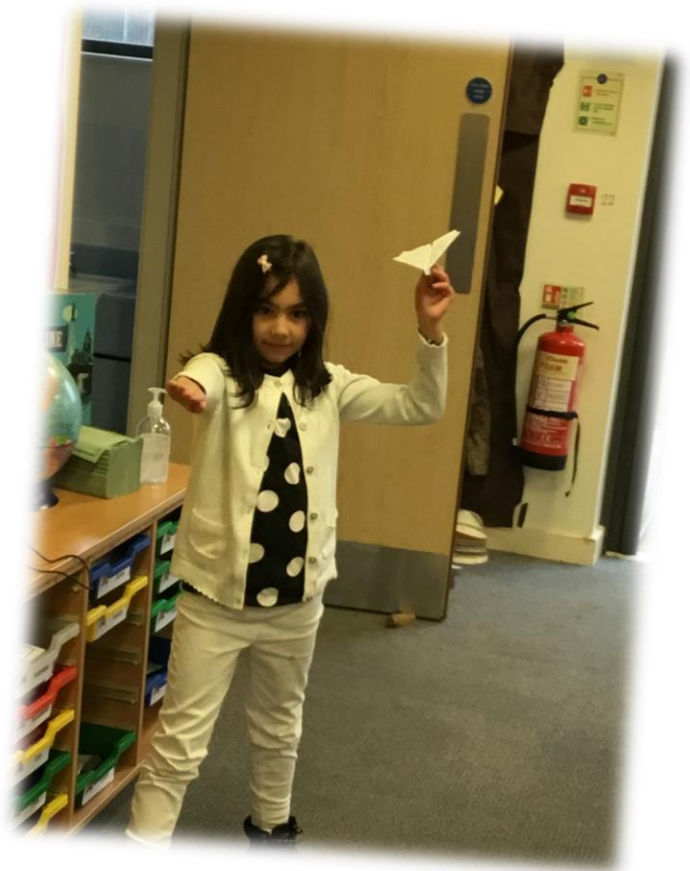
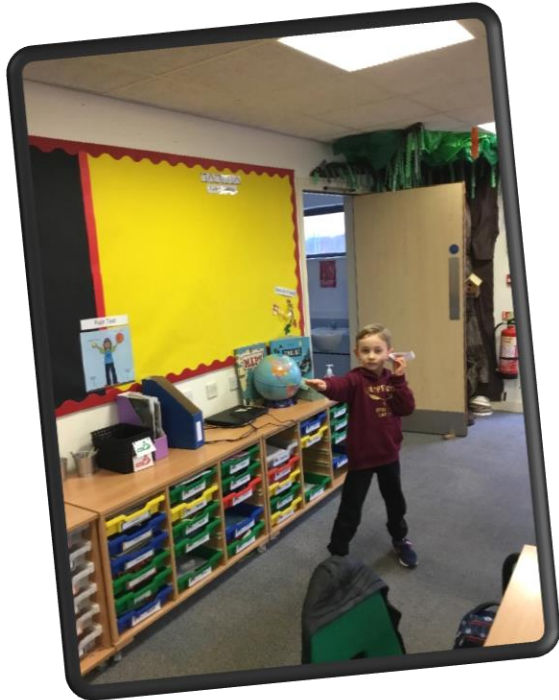


By Archie



By Isabelle

In the last two weeks, children in year 4 have been designing and creating paper aeroplanes. The paper aeroplanes then flew through to a target board. This board had three different sized holes each worth different amounts of points. Well done! I wonder who got the highest score?



Do we have any future pilots among us? Do you think you can create your own paper aeroplane challenge?





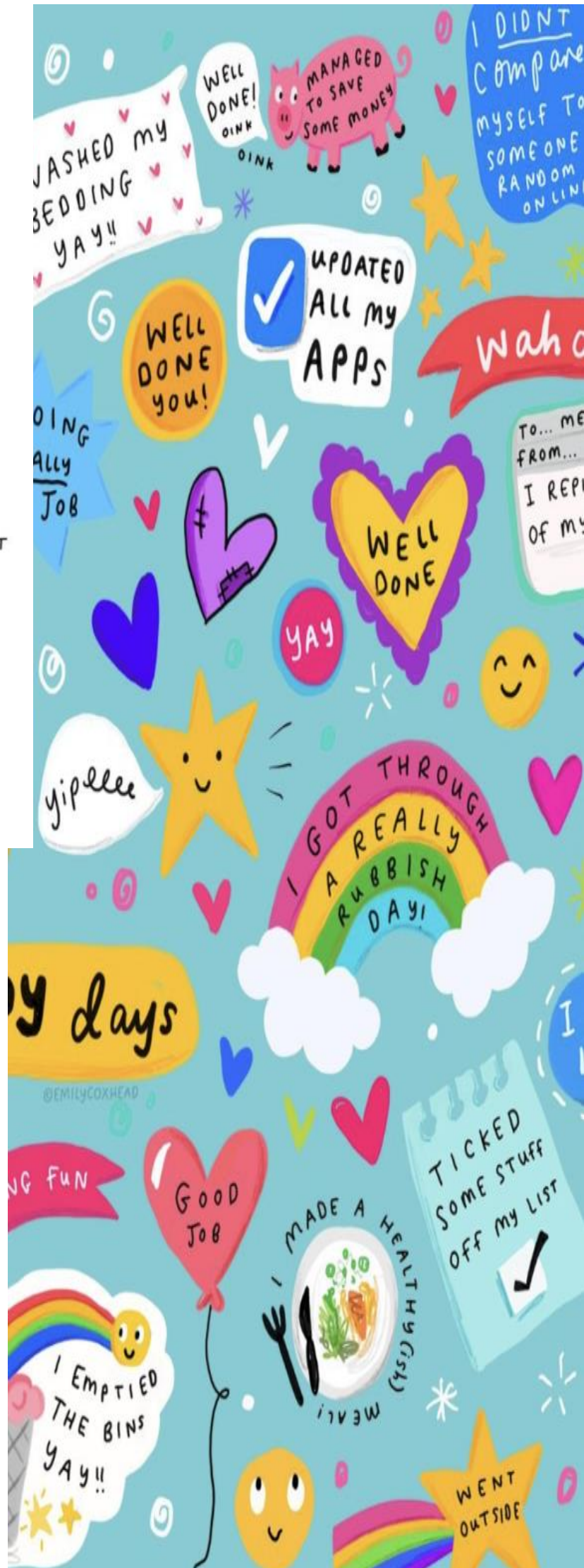
THE WORLD is WAITING for you

THERE are PLACES you HAVEN'T SEEN YET
PEOPLE you HAVEN'T MET
FOOD you haven't TASTED
THINGS you HAVEN'T CREATED

The WORLD is WAITING FOR you!
So TRUST me WHEN I SAY
this IS SOMETHING you'll GET THROUGH
with a (slightly) DIFFERENT VIEW

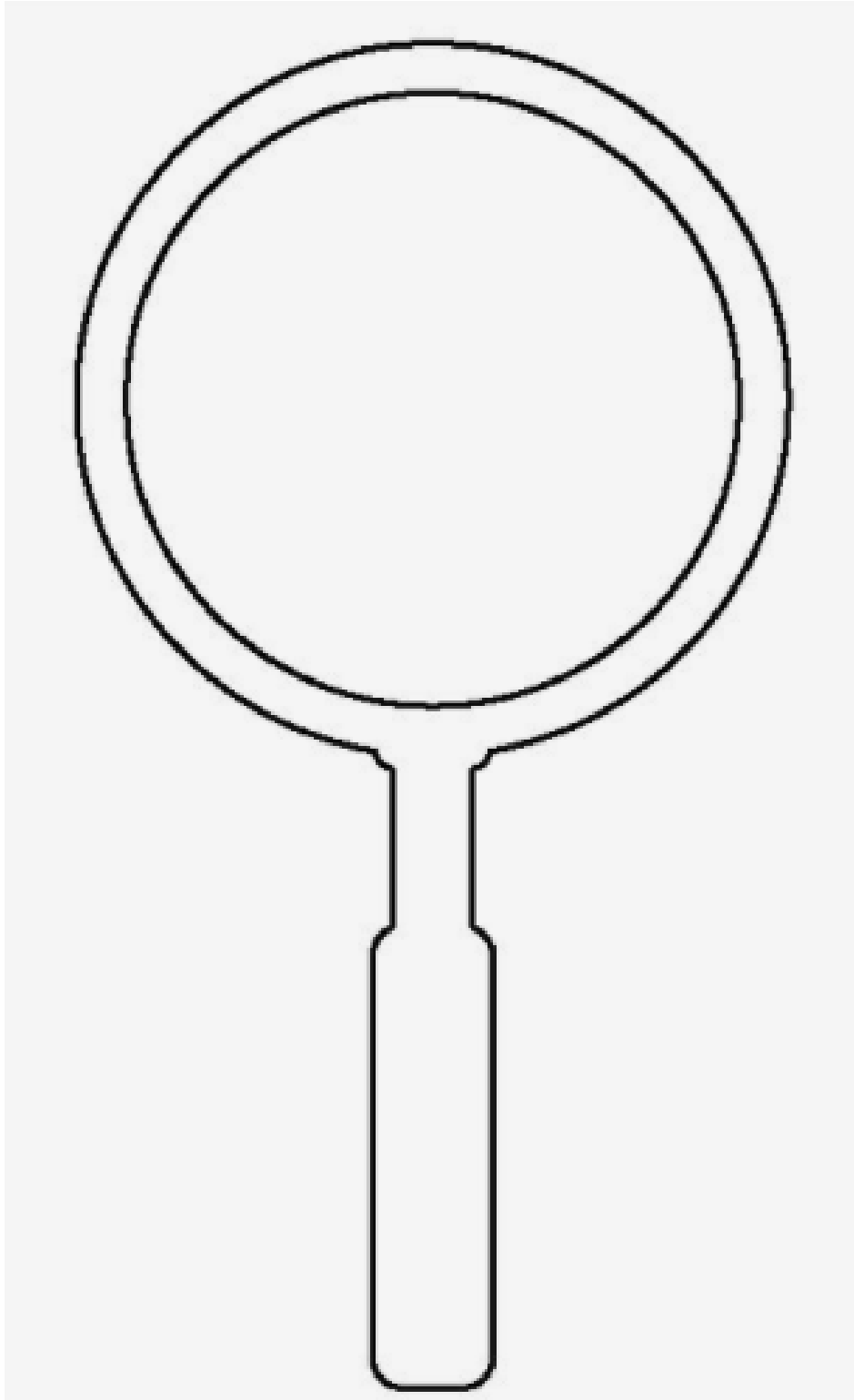


you  are
awesome



★ YOU'RE BRAVER THAN YOU BELIEVE, STRONGER THAN YOU SEEM, SMARTER THAN YOU THINK.



Year 3 found some quotes that inspired them.

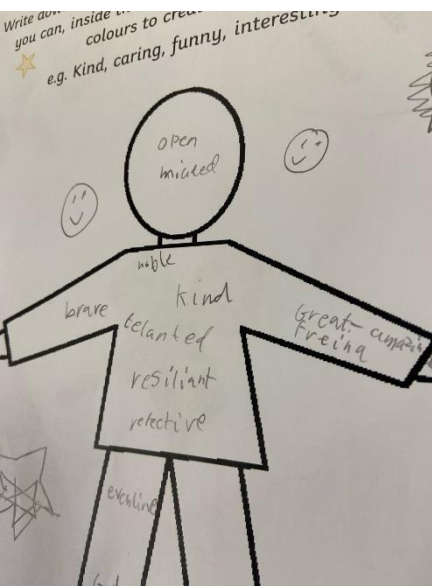
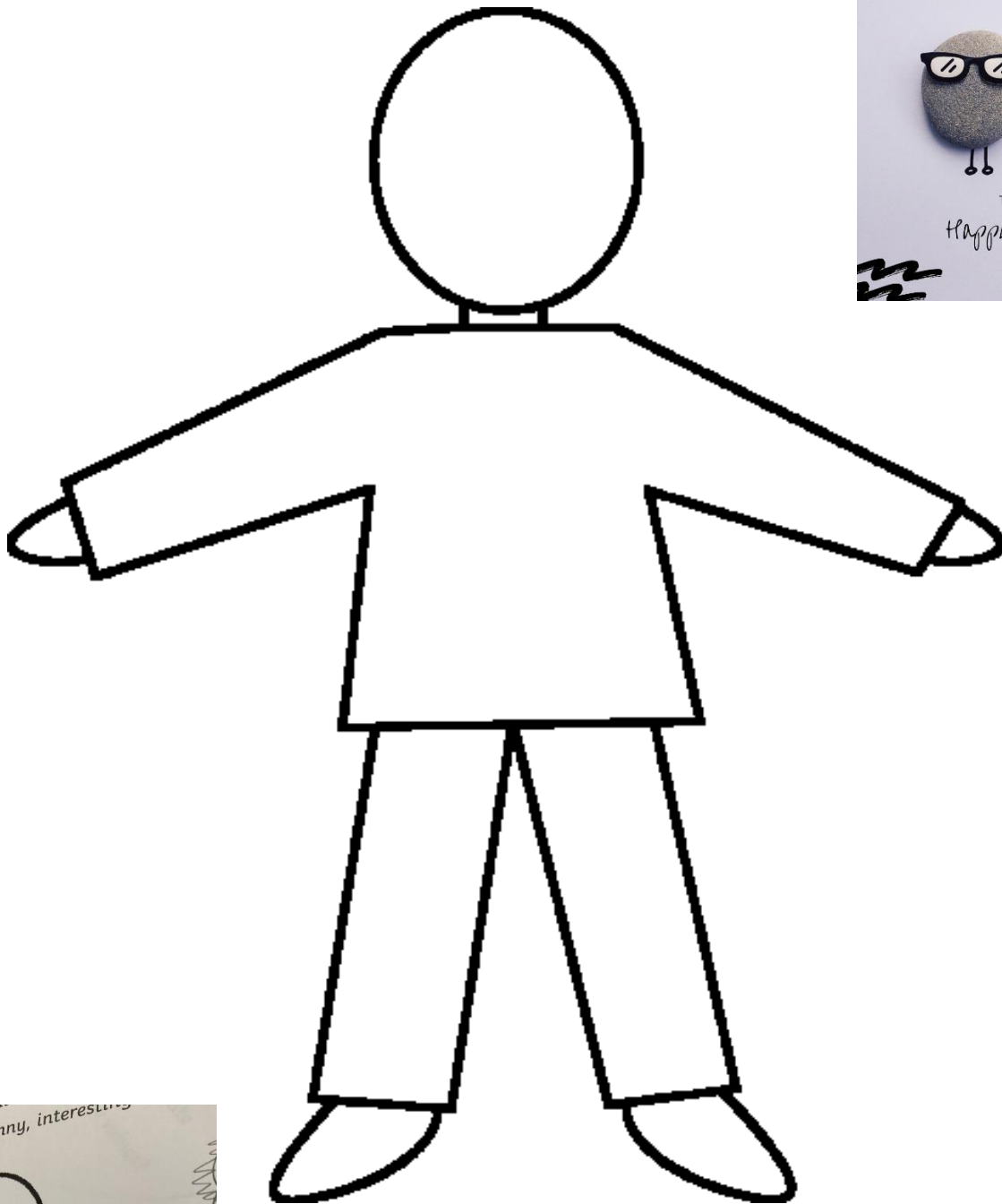




Me...

Write down as many great **qualities** about yourself as you can, inside the outline. You can use different colours to create clothes.

e.g. Kind, caring, funny, interesting.

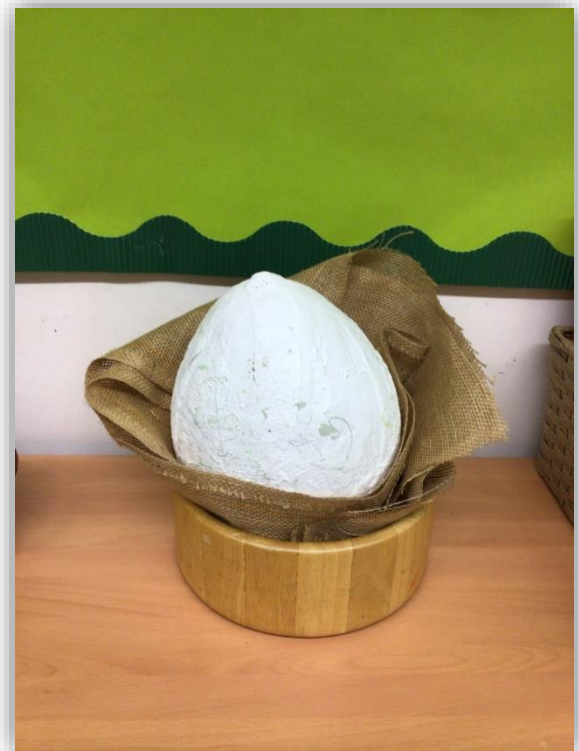


Jaxon in year 3 expressed his qualities and the qualities he thinks everyone should strive for. What qualities do you possess?

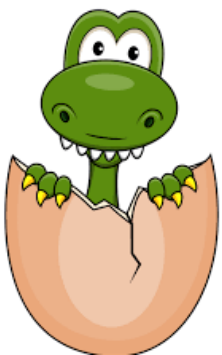


Year 1 continue to wow us with their report writing on dinosaurs. Miss Chapman commented on how hard they have been working.

It has been an amazing week for year 1 as they have stumbled across an extraordinary discovery. This dinosaur egg!! I wonder, does this egg have something to do with their learning?



It has been a pleasure to see children playing with other children that they do not usually have the opportunity to play with. On top of that, they have been playing so innovatively. Look at those hats' year 1.



The determination just shines. Keep that steady hand....



Check out year 5 getting inventive with shoe boxes.



Chloe in year 5 has been busy creating some delicious rainbow inspired cake. Wow!





Wow! Check out their pizza making skills. We could smell the cheese down the corridor.

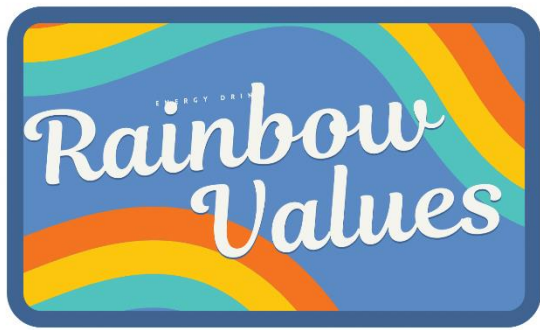


The children were showing us the ropes with their mindfulness and laughing endlessly.

Here they are retelling their own stories in a game called "who's bag is it?"

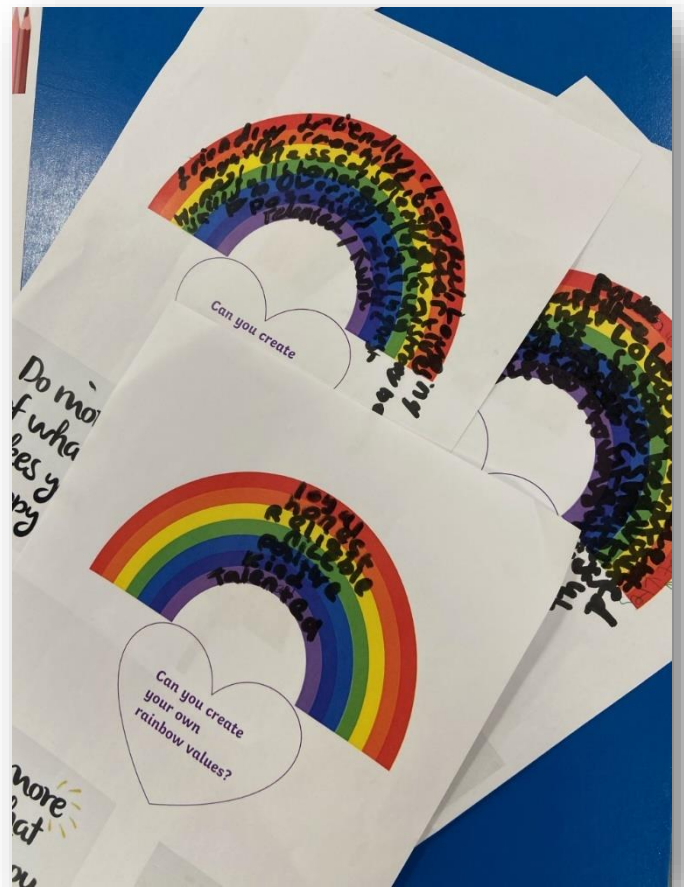






Can you create your own rainbow values?

Year 3 have had a go at experimenting with new values. They came up with brilliant words such as loyal, reliable, enthusiastic, generous and more. Well done year 3.





Can you fill a cup up with kindness and kind actions? Leo in Japan class has made his cup overflow with kindness. Well done Leo!



Coming soon!!



Next week Mrs Morrison will start sending headteacher postcards! Watch the letterbox for a postcard that will be sent to children either at home or school to recognise their commitment to learning and displaying the rainbow values. We would love to see children send or take a 'proud of my selfie' picture of themselves with the postcard and send it back to school via showbie. Do not forget to give us a cheeky smile...

Last week, we certainly got our guitars out and well and truly rocked. Resilience and ambition in the air as Abbots Green claimed victory for the second year running, winning the Unity Trust Primaries TTRS Competition! An outstanding 255,042! Not only combating multiplication questions, but division questions too. Well done to everyone who participated. Keep your eyes peeled for an 'in-house' Abbots Green competition coming soon.



This weekend, children of Abbots Green will be getting comfy outside during the Big Garden Birdwatch. No matter the weather, the children will be gazing at all species of birds across the county. Do not worry the staff will join in too. I wonder, how many different birds will you see in your area? Will you spot a bird that was not in your friends' area?



Big
Garden
Birdwatch
29-31 January 2021

What will
you see?



Hooray! The first copy of the Jolly News has been completed.



Look out for issue number two. Coming soon on Friday 12th February.