

Year 4 Thorpe Woodlands Residential Trip

Wednesday 14th - Friday 16th February 2024



Parent Information Session
Wednesday 5th July 2023



**ABBOTS
GREEN**
ACADEMY

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Our Mission:

Thorpe Woodlands Adventure Centre seeks to actively contribute to personal development and wellbeing by:

Promoting a safe, healthy and welcoming environment.

Providing quality outdoor learning experiences which are holistic and inclusive.

Offering a broad range of fun, challenging and adventurous activities.



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Thorpe Woodlands adventure centre is a modern, purpose built outdoor centre that offers a wide range of challenging, fun and adventurous activities and excellent accommodation facilities.

We have indoor accommodation for up to 51 people, camping for up to 60, and our escape pods for 42 people, 8 High Ropes activities, climbing tower, caves, mountain bike trails, 2 orienteering courses, archery range, kayaks, canoes, zip wires and much more.

Our friendly team of staff enjoy sharing their passion, skills and enthusiasm for the outdoors with everyone who visits Thorpe Woodlands. When planning activities, we will always do our best to accommodate your groups' unique needs, abilities, hopes and fears in order to maximise opportunities for learning and development.



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3-day Example Activity Programme Example

	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
DAY 1			Arrive & Welcome Brief	Site Tour & Group Games	Lunch	Team Building & Problem Solving		Archery & Low Ropes		Freetime	Dinner	Evening Activities Night Walk & Campfire		Settle and Bed by 10pm
DAY 2			Breakfast	Energizer Games	Caving Session		Lunch	Canoeing Session		Climbing & Powerfan		Freetime	Dinner	Evening Activities Treasure Hunt & Campfire
DAY 3	Breakfast	Energizer Games	High Ropes Session Big Swing & Zip Wire		Lunch	Shelter Building		Pack-up, team photo & depart						



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Inside the centre

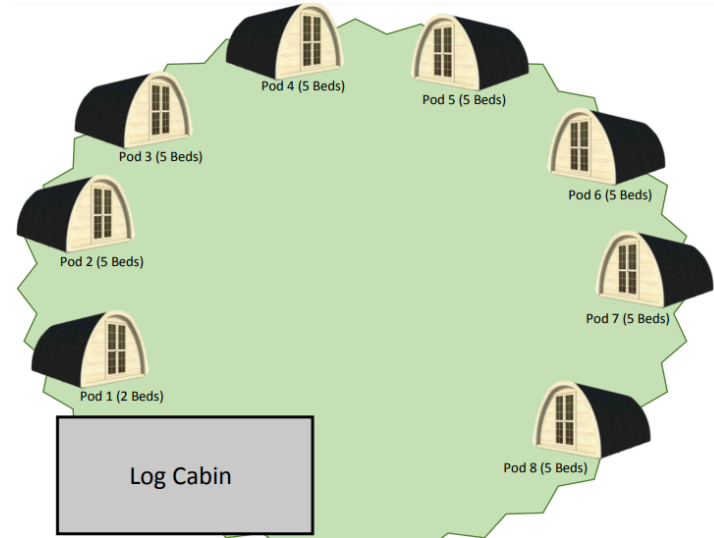


ROOM 8 (5 BEDS)	ROOM 9 (8 BEDS)	ROOM 10 (3 BEDS)	DINING HALL SEATS (SEATS 75 PEOPLE)	KITCHEN	ROOM 1 (2 BEDS)	ROOM 2 (5 BEDS)	ROOM 3 (5 BEDS)	
ROOM 7 (5 BEDS)	ROOM 6 (5 BEDS)	ROOM 5 (5 BEDS)			ACCESSIBLE/STAFF BATHROOM	MALE BATHROOM + INDIVIDUAL STAFF BATHROOM	FEMALE BATHROOM + INDIVIDUAL STAFF BATHROOM	LAUNDRY ROOM



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The Escape Pods



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Example menu

Breakfast: toast, cereal, fruit

Lunch: large roll with choice of fillings, pasta salad or rice salad, coleslaw, tomatoes, cucumber, cake

Dinner: hot meal - pizza, jacket potato, spaghetti Bolognese,

Supper: hot chocolate, marshmallows



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Thorpe Woodlands Kit List (Based on a 3 day residential).....Tick when y

4 T- shirts (some long sleeved)

2 sweatshirts/jumpers/fleece tops

4 sets of underwear

3 pairs of joggers/trousers/leggings

4 pairs of socks (All socks need to cover ankles)

2 pairs trainers (1 pair will get wet)

Waterproof Jacket

Pyjamas & slippers (if you have them)

Towels / soap / shampoo / hairbrush / toothbrush /toothpaste

Plastic drinks bottle (750ml - 1,000ml)

1 pair of old trousers and a sweatshirt for caving (these may get damaged)

2 plastic bags for wet/worn clothes

Sun Hat / Sun Cream (May-September)

Warm Hat and Gloves (September-May)

Torch (September -May. Not too big or too bright – head torches are good)

USEFUL EXTRAS

Wellies, wet shoes, day sack, card games, book, hair bobbles for tying back long hair

What to Bring – Top Tips

- **Involve** your child in packing so they know what they are bringing
- **Write names** on as many things as possible – we get lots of things left behind each week
- **Don't bring favourite or expensive clothes** – they may get lost or damaged
- **Practice** fitting a duvet cover and making a bed before arriving!
- **Money** – You don't need to bring any money as there is nowhere to spend it!
- **Sweets and snacks** – We would prefer that you don't bring any sweets or snacks but talk to your school if you feel differently
- **Do not bring mobile phones or electronic gadgets**



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